O BIG N HAPPY E HOME

CONNECT WITH RYAN & KAYLA

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Ryan and Kayla North are a dynamic husband-and-wife duo who have dedicated their careers to helping adults create environments where children feel safe, welcome, and loved. Through their work, they have become trusted voices for parents, professionals, churches, and educators, helping them create places where children feel safe, welcome, and loved.

Their commitment to empowering caregivers and strengthening families has earned them a welldeserved reputation as leaders in the field of parenting and child development. Through conferences, workshops, online courses, articles, and personalized coaching their transformative work continues to inspire and guide caregivers. Their passion is deeply personal. They have six children, four of whom joined their family through adoption from the foster care system.

They are Co-Founders of One Big Happy Home, a platform that provides valuable resources and support. They offer practical strategies and emotional support that empower caregivers to address trauma, behavior challenges, and attachment issues. Their approach is rooted in empathy, understanding, and evidence-based techniques, creating a space where parents can learn and grow together.

Each episode of The Empowered Parent Podcast delves into relevant topics, offering insights, and practical advice to help listeners navigate the challenges of parenting. Their warm and relatable on-air presence makes their podcast a go-to resource for those seeking encouragement, wisdom, and actionable strategies.